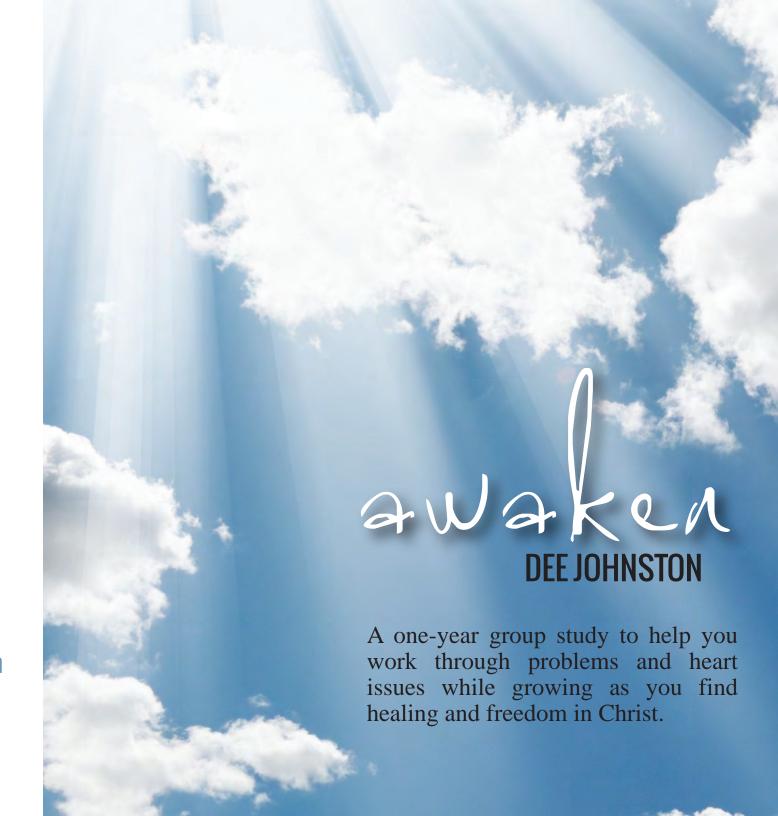
COME JOIN US

Emmanuel Fellowship Rooms 102-103 Mondays 9:30 - 11:00 am Beginng January 16th



CLASS # 1 BROKEN CONNECTIONS

- 1. The Rejection of Love Is Anyone Out There?
- 2. Betrayal and Broken Trust How Can I Ever Trust Again?
- 3. Wounds Why Does It Hurt So Much?
- 4. What Eyes Cannot See Shame is not always seen with the human eye
- 5. Emotional Overload The Chains That Bind Me
- 6. The Running Game It's Too Hard to Look At
- 7. Behind Closed Door Must Protect Myself
- 8. Broken and Poured Out Lord Fix the Broken Pieces

CLASS # 2 LEARNED BEHAVIOR PATTERNS

- 1. Life Patterns where do they come from?
- 2. Why do we believe what we believe?
- 3. How Do We Separate Reality From Fantasy?
- 4. Recognizing Unhealthy Relationships Patterns
- 5. Codependency A Learned Behavior
- 6. Shame The Hidden Topic
- 7. The Desire for Acceptance
- 8. Why We Need To Control

CLASS # 3 FORGETTING WHAT IS BEHIND

- 1. He who began a good work in you will carry it on to completion
- 2. Be chained to Christ not chained to the past
- 3. God uses what happens to us for our deliverance
- 4. It is God who works in you to will and to act according to his good purpose
- 5. Living the Christian life....My Strength or His?
- 6. Pain and Suffering
- 7. Forgetting what is behind
- 8. Do not be 'anxious' about anything
- 9. I can do everything through him who gives me strength

CLASSES WILL RUN 6 TO 8 WEEKS CONSECUTIVELY THROUGOUT THE YEAR

There Is a \$15 Material Fee for Each New Class

CLASS # 4 OVERCOMING FEAR

- 1. Defining Fear Rational & Irrational fear
- 2. What does God say about Anxiety & Fear?
- 3. Fear and the Christian Should Christians have fear?
- 4. The Fear of man Part 1 The fear of man is Insecurity
- 5. The Fear of Man Part 2 Looking for validation and approval
- 6. The Fear of God What does it mean to fear God?

CLASS # 5 RUNNING AGAINST THE WIND

- 1. The Battle Of The Will
- 2. Spiritual Growth—The Obstacles & The Benefits
- 3. Developing Christian Character
- 4. Selflessness or Self-Centeredness?
- 5. Are We Conforming Or Transforming?
- 6. Religion Or Relationship (Rules Or Grace)
- 7. The 'Old' And The 'New'
- 8. The Journey (Keep Walking Don't look Back