

COME JOIN US

Emmanuel Fellowship
Rooms 102-103
Mondays 9:30 - 11:00 am
Beginng January 16th

awaken

DEE JOHNSTON

A one-year group study to help you work through problems and heart issues while growing as you find healing and freedom in Christ.

CLASS #1

BROKEN CONNECTIONS

1. The Rejection of Love - Is Anyone Out There?
2. Betrayal and Broken Trust - How Can I Ever Trust Again?
3. Wounds - Why Does It Hurt So Much?
4. What Eyes Cannot See Shame is not always seen with the human eye
5. Emotional Overload - The Chains That Bind Me
6. The Running Game - It's Too Hard to Look At
7. Behind Closed Door - Must Protect Myself
8. Broken and Poured Out - Lord Fix the Broken Pieces

CLASS #2

LEARNED BEHAVIOR PATTERNS

1. Life Patterns where do they come from?
2. Why do we believe what we believe?
3. How Do We Separate Reality From Fantasy?
4. Recognizing Unhealthy Relationships Patterns
5. Codependency A Learned Behavior
6. Shame - The Hidden Topic
7. The Desire for Acceptance
8. Why We Need To Control

CLASS #3

FORGETTING WHAT IS BEHIND

1. He who began a good work in you will carry it on to completion
2. Be chained to Christ not chained to the past
3. God uses what happens to us for our deliverance
4. It is God who works in you to will and to act according to his good purpose
5. Living the Christian life....My Strength or His?
6. Pain and Suffering
7. Forgetting what is behind
8. Do not be 'anxious' about anything
9. I can do everything through him who gives me strength

**CLASSES WILL RUN
6 TO 8 WEEKS
CONSECUTIVELY
THROUGHOUT THE YEAR**

**There Is a \$15 Material Fee
for Each New Class**

CLASS #4

OVERCOMING FEAR

1. Defining Fear - Rational & Irrational fear
2. What does God say about Anxiety & Fear?
3. Fear and the Christian - Should Christians have fear?
4. The Fear of man - Part 1 - The fear of man is Insecurity
5. The Fear of Man - Part 2 - Looking for validation and approval
6. The Fear of God - What does it mean to fear God?

CLASS #5

RUNNING AGAINST THE WIND

1. The Battle Of The Will
2. Spiritual Growth—The Obstacles & The Benefits
3. Developing Christian Character
4. Selflessness or Self-Centeredness?
5. Are We Conforming Or Transforming?
6. Religion Or Relationship (Rules Or Grace)
7. The 'Old' And The 'New'
8. The Journey (Keep Walking Don't look Back)